

Jason Redman

Retired Navy SEAL Lieutenant Jason Redman electrifies audiences with his high energy presentations on leadership, failure, redemption, catastrophic injury and his breathtaking journey to overcome all. Jason spent 10 years as an enlisted Navy SEAL and ten years as a SEAL Officer leading SEAL teams in combat operations in Iraq and Afghanistan.

Jason is an expert in helping individuals, companies, teams and organizations implement lasting change after experiencing failure, crisis and adversity from having lived through all these things at the highest level in his Navy SEAL career. From failure as a young leader and almost being kicked out of the SEAL Teams, to redemption and leading teams in intense combat operations in Iraq, to being shot 8 times including a round to the face, Jason has lived the Overcome Mindset he teaches. He has done an incredible job of taking these lessons learned and making them relatable to teams, businesses and organizations around the world.



As Jason says, "These are not SEAL lessons, these are human lessons!" Your team will walk away with a new perspective and understanding that there are no bad days, only good days and great days. Your team will learn the Pointman principles—the key lessons SEAL leaders use to ensure mission success balanced against risk mitigation and catastrophic events. They will understand how to build elite-performance teams comprised of multi-dimensional leaders. Jason teaches individuals, companies and teams how to overcome failure, setbacks and catastrophic crisis through his incredible presentations on life ambushes and his proven, "Get off the X" methodology to not only survive the crisis but thrive and launch from it! Jason delivers riveting keynote presentations and is available for half-day, full and multi-day workshops on leadership and implementing long-term change.

Jason is the New York Times bestselling author of *The Trident*, *The Forging and Reforging of a Navy SEAL Leader* and has appeared on multiple national news networks including Fox News, CBS, CNN, and CBN. He has appeared almost a dozen times on Fox and Friends along with the Huckabee show. Jason has been featured in multiple documentaries including History Channel's, *Navy SEALs*, *America's Secret Warriors*. Additionally, Jason is an actor playing the lead role in *The Perfect Day* film and a supporting character on an episode of *Hawaii 5-0*.